

## FAMILY MINISTRY RESOURCES

- Lauri Przybysz, DMin, [www.familyministryresources.com](http://www.familyministryresources.com)



Some ideas to share with parents:

**Catholic Parenting 101:** Parenting tips from RCL Benziger and Dr. Tim Hogan, family counselor.  
<http://rclbenziger.com/tim-hogan/>

**RCL Benziger Family Life website.** Short and helpful parenting articles and videos.  
([www.rclfamilylife.com](http://www.rclfamilylife.com)) See sample downloads, videos. This website supports the Family Life catechesis series for grades K-8.

**Love is Our Mission** series, by RCL Benziger, <http://rclbenziger.com/category/love-is-our-mission-article-series/> Catechesis for the World Meeting of Families.

**Movie Reviews** for Families by Sr. Rose Pacette, <http://sisterrosemovies.com/>

The **Christian Family Movement** - For a donation, families can belong to CFM and receive materials to discuss in small groups of parents, or to reflect on at home: <http://www.cfm.org/programs.html#annual>  
Note especially WISDOM & GRACE FOR MARRIAGE & PARENTING in the “special topics” resources on parenting, with focus on family as domestic church, by Dr. Lauri Przybysz.

Loyola Press *Catholic Kids* <http://www.loyolapress.com/catholic-kids.htm> Also a **monthly family newsletter**, *Family, Faith, Fun* <http://www.loyolapress.com/living-as-a-catholic-family.htm>

Sign up for daily scripture readings at <http://www.usccb.org/bible/readings/>  
recommend Loyola Press’ **3-minute retreat** for busy parents:  
<http://www.loyolapress.com/3-minute-retreats-daily-online-prayer.htm>.

Wise guidance for reducing stress - from Liguori Publications:

- *Manage the Mess of Family Stress: Gospel solutions for Everyday Life*, Richard C. Brown
- *Help Your Child Make Friends and Be a Friend: Nurturing Lifetime Relationships*, Richard C. Brown

**My Favorite Parenting Book:** *Raising Courageous Kids: Eight Steps to Practical Heroism*, by Charles A. Smith (Sorin Books, 2004)

The Catholic website **For Your Marriage** <http://www.foryourmarriage.org/> has a section on articles for parenting, also on marriage, relationships, spirituality. Also, [www.Portumatrimonio.org](http://www.Portumatrimonio.org), the Spanish site.

ACTA Publications – Many Family topics and books on spirituality for both parents and kids.  
[http://www.actapublications.com/spirituality/family/?F\\_Sort=8](http://www.actapublications.com/spirituality/family/?F_Sort=8)

I like *A Community of Love*, by David M. Thomas.

**LATEST RESEARCH ON CATHOLIC FAMILIES:** Holy Cross Ministries/CARA study 2014  
<https://www.avemariapress.com/news/2015/7/6/hcfm-cara-study-family/>