

Resources for Grandparents and Those Who Support Them



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Catholic and Grandparenting: Five Challenges and Five Opportunities, by Dr. Lauri Przybysz, (ACTA Publications, 2017. <http://actapublications.com/catholic-and-grandparenting/>) Also available on Amazon. Good gift for grandparents and grandparents-to-be.

Archdiocese of Minneapolis/St. Paul project, *The Gift of Being Grand*. This webpage has an extensive reading list and practical tools for setting up Grandparent Ministry. <http://rediscover.archspm.org/the-gift-of-being-grand/>

The Grand Adventure: The Christian Family Movement past-presidents Deacon Gary and Kay Aitchison authored this 6-meeting guide for small groups that does not require a facilitator. Includes instructions for organizing and conducting the group. The guide is available from the Christian Family Movement http://www.cfm.org/program_books. Create an account and download.

- See an article about the Aitchison's ministry and The Grand Adventure here <http://blog.franciscanmedia.org/tips-for-grandparenting>



Catholic Grandparents Association, <http://www.catholicgrandparentsassociation.org/> Prayers, encouragement, and simple directions for starting a small group in your community.

Web MD Grandparent Resources. <https://www.webmd.com/healthy-aging/grandparenting-directory>.

Examples:

- Diplomatic guide for Grandparents <http://www.webmd.com/healthy-aging/features/diplomatic-guide-for-grandparents>
- When Children Divorce <https://www.webmd.com/sex-relationships/features/what-to-do-when-your-children-divorce#1>

Tips for Grandparents-to-be from *The Spruce* blog

<http://grandparents.about.com/od/helpingnewparents/a/Becominggrands.htm>

Prayer for Grandparents - Pope Benedict XVI

<http://www.catholicgrandparentsassociation.org/prayers/popes-prayer/>

Legal Issues – This website, a collaboration of the American Bar Association and other agencies, has resources for those raising their grandchildren. <http://www.grandfamilies.org/>

Passing on the Faith – <http://www.familylife.com/articles/topics/life-issues/relationships/grandparenting/passing-on-a-heritage-of-faith-to-your-grandchildren>